



SCIENCE  
IN THE CITY  
INTERNATIONAL



# Travel and Accommodations Playbook



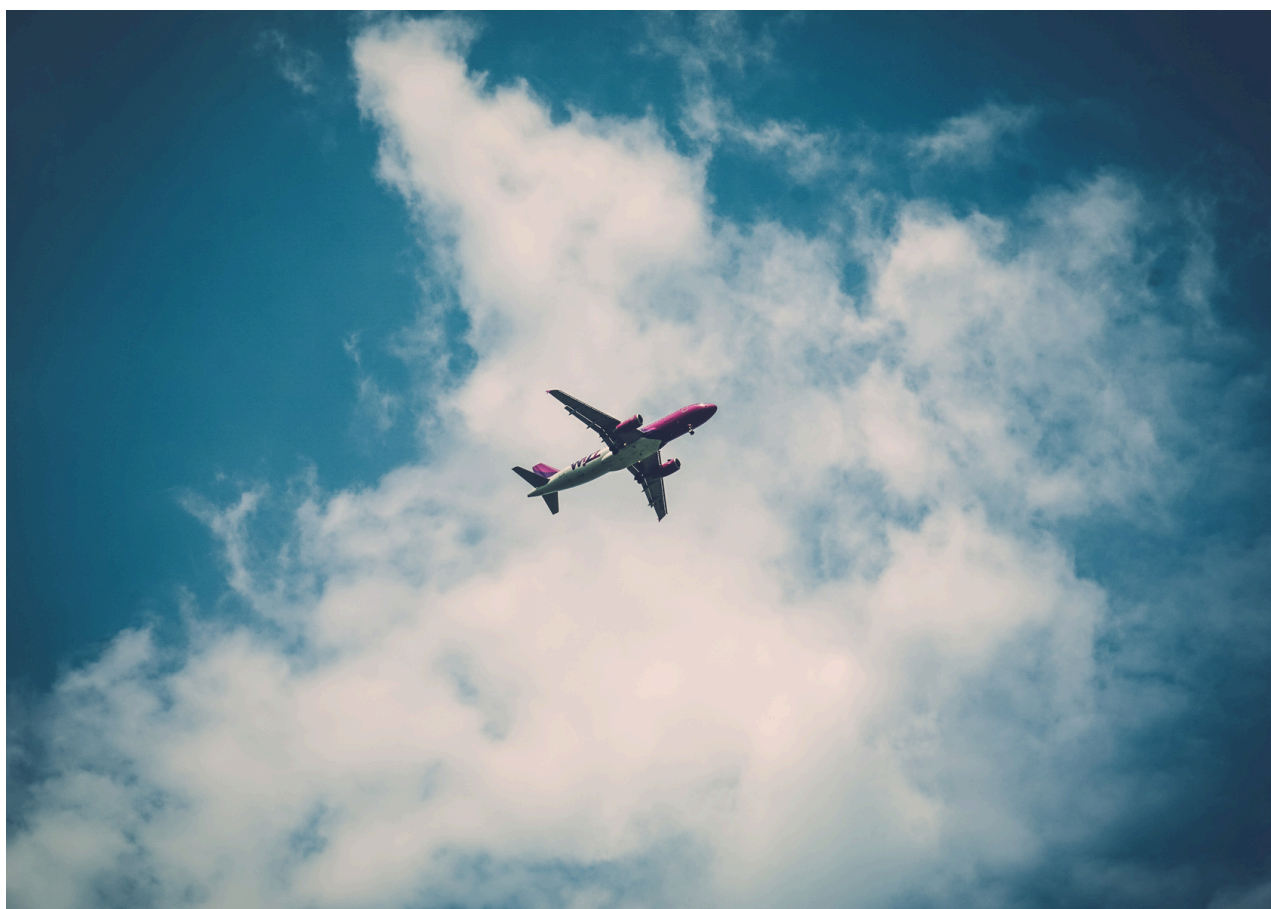
Welcome to your essential guide for travel and accommodations for **Science in the City International 2025** in Bordeaux, France. This playbook is meticulously designed to ensure every aspect of your journey is seamless and enjoyable. Dive into this comprehensive guide and make your experience at the conference truly memorable.

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# Are you looking for direct flights from New York City Area to Paris?



If you're traveling from New York City Area, you can save some dollars by booking with airlines such **Norse**, which operate direct flights departing from John F Kennedy Airport to Paris (CDG) or **Frenchbee** which operate direct flights departing from Newark Liberty International (EWR) to Paris Orly.



# Are you looking for direct flights from **Florida to Paris?**



If you're flying in from Florida, you can save money by booking with airlines like **FrenchBee** which operate direct flights departing Miami International Airport to Paris Orly Airport.





# Are you looking for direct flights from **Los Angeles to Paris?**



If you're flying in from Los Angeles, you can save money by booking with airlines like [FrenchBee](#) which operate direct flights departing Los Angeles International Airport to Paris Orly Airport.



# Are you looking for direct flights from San Francisco to Paris?



If you're flying in from Los Angeles, you can save money by booking with airlines like [FrenchBee](#) which operate direct flights departing San Francisco International Airport to Paris Orly Airport.





# Arrival in Paris Charles De Gaulle Airport



Once you arrive in Paris CDG Airport , you have two convenient options for onward travel to Bordeaux :

## 01. TGV (Train à Grande Vitesse)

These high-speed trains in France can reach speeds of 320 km/h.

You can book your tickets on the [SNCF website](#) and arrive at Bordeaux Gare St Jean in just 3.5 hours.

## 02. Flight with Air France

Known for competitive rates and excellent service, [Air France](#) offers affordable options compared to other airlines. You'll enjoy a comfortable journey and reach Bordeaux Airport in less than 1.5 hours, making it a quick and convenient choice for your travel plans.



# Arrival in Paris – Orly Airport



## Train Options ( TGV ) :

Once you arrive at Orly Airport, you can take the [Orlybus](#) to Denfert-Rochereau. From there, hop on Metro Line 6 (Direction Charles de Gaulle-Étoile) to reach [Gare Montparnasse-Bienvenue](#).

Once at Gare Montparnasse, you'll board a TGV train to Bordeaux, which typically takes around 3.5 hours to reach Bordeaux. Book your tickets in advance on the [SNCF website](#).

## Flight options:

There are no direct flights operating from Paris Orly Airport to Bordeaux Merignac Airport.





# Airline and Airport Acronyms



- Paris Orly (ORY): **FrenchBee (BF)**
- Paris Charles de Gaulle (CDG): **Norse (NO)**
- London Heathrow (LHR): **British Airways (BA)** , **Air France (AF)**
- London Gatwick (LGW): **British Airways (BA)** , **EasyJet Airlines (EZY)**
- Amsterdam Schiphol (AMS): **KLM (KL)**
- Madrid Barajas (MAD): **Iberia (IB)**
- Bordeaux-Mérignac Airport (BOD)



# Key Airports and Budget Airlines to Bordeaux



## London Gatwick Airport (LGW)

Airline: **British Airways (BA)** provides direct flights from LGW to Bordeaux-Mérignac Airport (BOD).

**EasyJet Airlines (EZY)** provides direct flights from LGW to Bordeaux-Mérignac Airport (BOD)

## Amsterdam Schiphol Airport (AMS)

Airline: **KLM Airlines (KL)** operates direct flights from AMS to Bordeaux-Mérignac Airport (BOD).

## Madrid Barajas Airport (MAD)

Airline: **Iberia Airlines (IB)** offers direct flights from MAD to Bordeaux-Mérignac Airport (BOD).



# Key Airports and Budget Airlines to Bordeaux



## Paris Orly Airport (ORY)

Airlines: **Easy Jet (EZY)** operates flights from ORY to Nice Côte d'Azur Airport. From there you can catch a direct flight to Bordeaux-Mérignac Airport(BOD)

## Paris Charles de Gaulle Airport (CDG)

Airline: **Air France (AF)** operates direct flights from CDG to Bordeaux-Mérignac Airport (BOD).

## London Heathrow Airport (LHR)

Airline: **Air France (AF)** operates flights from LHR to Paris CDG. From there you can take a direct flight to Bordeaux-Mérignac Airport (BOD).





# Train Options to Bordeaux from Connecting Cities :



## From Paris Orly Airport (ORY)

Step 1: Take the **Orlyval light rail** to Antony Station.

Step 2: Transfer to an RER B train to **Paris Gare Du Nord**

Step 3: From Gare Du Nord, take a metro (Line 4) to **Gare Montparnesse**

Step 3: From Gare Montparnesse, take a **TGV** (high-speed train) to **Bordeaux-Saint-Jean Station**.

Duration: Total travel time approximately 3-4 hours.

## From Paris Charles de Gaulle Airport (CDG)

Step 1: Take a **TGV** (high-speed train) directly from CDG TGV Station to **Bordeaux-Saint-Jean** Station.

Duration: Approximately 3.5 hours.

## From London Heathrow Airport (LHR)

Step 1: Take the **Heathrow Express** to London Paddington.

Step 2: Take the **Eurostar** from London St Pancras International to Paris Gare du Nord.

Step 3: Transfer to Paris Gare Montparnesse and take a TGV to Bordeaux-Saint-Jean Station.

Duration: Total travel time approximately 6-7 hours.





# Train Options to Bordeaux from Connecting Cities :



## From London Gatwick Airport (LGW)

Step 1: Take a train to London St Pancras International.

Step 2: Take the **Eurostar** from London St Pancras International to Paris Gare du Nord.

Step 3: Transfer to Paris Gare Montparnasse and take a TGV to Bordeaux-Saint-Jean Station.

Duration: Total travel time approximately 6-7 hours.

## From Amsterdam Schiphol Airport (AMS)

Step 1: Take a **Thalys** or Intercity train from Amsterdam to Paris Gare du Nord.

Step 2: Transfer to Paris Gare Montparnasse and take a TGV to Bordeaux-Saint-Jean Station.

Duration: Total travel time approximately 6-7 hours.

## From Madrid Barajas Airport (MAD)

Step 1: Take a train from **Madrid Chamartín Station** to San Sebastián- Donostia.

Step 2: Transfer to a TGV from San Sebastián- Donostia to Hendaye

Step 3: From Hendaye, take a train to Bordeaux-Saint-Jean Station.

Duration: Total travel time approximately 8-9 hours.



# Hotels and Accommodations



## HOTEL MOXY BORDEAUX

25 Quai du Maroc, 33000 Bordeaux

[Click here to book your hotel.](#)



## HOTEL RENAISSANCE BORDEAUX

16 Rue de Gironde, 33000 Bordeaux

[Click here to book your hotel.](#)



## HOTEL RADISSON BLU BORDEAUX

63 Rue Lucien Faure Dock G6, 33300 Bordeaux

[Click here to book your hotel.](#)



## SEEKO'O HÔTEL DESIGN

54 Quai de Bacalan, 33300 Bordeaux

[Click here to book your hotel.](#)



# Hotels and Accommodations

MERCURE  
HOTELS

## HÔTEL MERCURE BORDEAUX

81 Cr Saint-Louis, 33300 Bordeaux

[Click here to book your hotel.](#)

  
INTERCONTINENTAL®  
HOTELS & RESORTS

## INTERCONTINENTAL BORDEAUX

2-5 Pl. de la Comédie, 33000 Bordeaux

[Click here to book your hotel.](#)

eklo

## EKLO HOTEL BORDEAUX

10 Rue de la Gare d'Orléans, 33100 Bordeaux

[Click here to book your hotel.](#)

Whoo

## WHOO HOSTEL BORDEAUX

12 Rue de Gironde, 33300 Bordeaux

[Click here to book your hostel.](#)



# Hotels and Accommodations



## B&B HOTEL

147 Rue Lucien Faure, Quai Virginie Hériot, 33300 Bordeaux

[Click here to book your hotel.](#)



## TÉNÉO APPARTHOTEL

6 Rue Achard, 33300 Bordeaux

[Click here to book your hotel.](#)



## LE CLOS DES QUEYRIES

38 Rue André Degain, 33100

[Click here to book your hotel.](#)



## HOTEL MONDRIAN BORDEAUX

81 Cr du Médoc, 33300 Bordeaux

[Click here to book your hotel.](#)





# Hotels and Accommodations

**MAMA  
SHELTER**

## MAMA SHELTER BORDEAUX

19 rue Poquelin Molière, 33000 Bordeaux

[Click here to book your hotel.](#)



# Host a Sister



Host A Sister is a Facebook group offering accommodation, it's a safe space for women travelers to connect and inspire each other, learn about different cultures and create life-long friendships.

Connect on Facebook group [here](#).

- Request to be hosted during your travels as GUEST.
- Find a TRAVEL BUDDY for your next trip.
- Only MEET UP with locals during your trip or offer to MEET UP with travelers in your hometown.
- SWAP your place with other sisters around the world.
- SUCCESS STORY to share your amazing experience connecting with other sisters through Host A Sister Facebook Group.

**Disclaimer : Host A Sister group is only for women and people who identify as female.**



# Travel to France With Your Medical Cannabis Prescription

Navigating the regulations for traveling with medical cannabis can be complex. Here are the key points to ensure a smooth journey:

## Entering France with Medical Cannabis

### Prescription Requirement:

- You must have a valid prescription from a healthcare provider.
- The prescription should be in your name and specify the medication and dosage.

### European Union (EU) Rules:

- If you are traveling within the EU, the Schengen Agreement allows for the recognition of medical prescriptions across member states.
- Each country, however, has its own regulations regarding medical cannabis.

### Quantity Limit:

- You can only carry the amount of medical cannabis necessary for your personal use for the duration of your stay, as specified in your prescription.

### Documentation:

- Carry all relevant documentation, including:
- A copy of your prescription
- A letter from your prescribing doctor detailing your medical condition and the necessity of the medication
- Proof of identity (e.g., passport)

### Customs Declaration:

- Declare the medical cannabis upon arrival at customs. Failure to do so can result in penalties or confiscation of the medication.



# Travel to France With Your Medical Cannabis Prescription

## Leaving France with Medical Cannabis

### Prescription and Documentation:

- Similar to entering France, you must have a valid prescription and all necessary documentation.

### Destination Country Rules:

- Check the regulations of the country you are traveling to, as laws regarding medical cannabis vary significantly between countries.
- Some countries have strict prohibitions against cannabis, even for medical use.

### Customs Declaration:

- Declare your medical cannabis at customs when leaving France to avoid any legal issues.



Science in the City International is committed to abiding by all international and local rules and regulations. Please note that there will be no consumption of cannabis at the event.





# Emergency Contacts



European Emergency Number	112
SAMU (medical emergencies)	15
Firefighters (also paramedics)	18
Police	17
Terror & Kidnapping Hotline	197
Bordeaux Tourism Office	+33 5 56 00 66 00
Terror & Kidnapping Hotline	197
US Embassy in France	+33 5 37 10 00 69
French Red Cross	+33 05 56 52 34 85

Save these essential contacts for quick help in any crisis.



# Contact Information



**Event Organiser :**

Kristen M. Beury

**USA phone number :**

1-888-279-0232 X 101

**France Phone Number :**

+33 5 37 10 00 69

**Whatsapp :**

+1 927-285- 4104

**Email :**

[info@mrasrq.com](mailto:info@mrasrq.com)

**Disclaimer:**

This document serves as a reference guide only. All reservations are to be made independently by the attendees. Science in the City International assumes no responsibility for any accommodation arrangements, hotel or travel bookings.